

## CONTACT

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*President*

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## EDUCATION/EXPERIENCE:

- Board Certified MD or DO, with family medicine background
- 5 years primary care experience
- Current, valid and unrestricted license and valid DEA number



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## PRIMARY CARE OPPORTUNITY

## PORTLAND, OREGON

### THE POSITION:

Our client, Vera Whole Health (Vera), seeks a **Primary Care Physician** to serve as a lead clinic provider serving employees and dependents of a reputable company in Portland, Oregon. The vision of Vera Whole Health is to create a health revolution by enlivening people, invigorating companies, and transforming healthcare. Vera Whole Health ensures that the right people get the right care at the right time, which means patients are healthier, happier and more productive. **This opportunity is a permanent role, but with part-time hours.**

Vera Whole Health is a market leading healthcare company that provides primary care, population health management, and behavior coaching to patients. The clinic model support practitioners who desire to focus on patient care first. Their team-based medical home model encourages both patients and practitioners to have quality time together during visits to empower patients to 'change behaviors by esteeming them through empathetic listening' and actively participate in their own wellness goals. As an experienced healthcare leader and Physician, you will collaborate with the clinical team members to provide quality care to our patients.

### CANDIDATE FUNCTIONS:

- Acts as a clinical and medical leader of the clinic team
- Partners with our Client Services and Operations teams to assure the active promotion of client/patient engagement and clinic success
- With support from the care team, assures appropriate management of all follow up visits, phone calls, and coordination of information and care with community providers
- Facilitates and creates a culture of health and wellness with patients through health coaching, health risk assessment and other health promotion activity coordination
- Practices evidence-based medicine and follows clinical protocols and guidelines
- Manages 10-15 patients per day by providing primary care medical services to patients including preventative, maintenance, and episodic care
- Depending on a client contract, will assist with occupational injuries and disability issues



## COMPENSATION

Vera Whole Health will provide:

- Competitive base salary and bonus plan
- Full range of benefits, including malpractice insurance, CME and paid vacation



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## VERA WHOLE HEALTH

Vera emerged in 2008 out of a university business plan competition, where the founders asked themselves a key question: No matter what business you start, could you succeed if your entire mission was based on your ability to listen empathetically? Vera has taken on a few different forms since then, from fitness studios to corporate wellness programs. But the mission has never changed.

Today, Vera provides population health management to large and mid-sized employers. Their delivery model of on-site primary care with embedded health coaching is efficient and effective. And not only have they succeeded from a business point of view, they've uncovered a powerful secret that can transform health.

*Empathetic listening unlocks the door to behavior change and leads to long-term health.*

Behavior change is the key to health. It's also the missing ingredient in today's healthcare system. Here's why: *today's healthcare system treats symptoms, not people.*

Vera's mission gets back to treating people by esteeming them through empathetic listening. This experience unlocks the patient's ability to think beyond the immediate moment, illness, or symptom by engaging them in a true two-way conversation. It frees them to change their behavior in a lasting way. The results are powerful.

Vera has designed each element of their model around this core concept:

- Their time rich and accessible primary care approach enables providers to build a strong connection with each patient and build a care plan that addresses each patient's core needs.
- Whole Health Councils, our patient-championed outreach programs create vibrant health cultures in organizations we serve.
- Their coaches are experts in behavior change and empower patients to own their health.

## LEARN MORE ABOUT VERA WHOLE HEALTH

[Onsite Clinics Create a Healthier Workplace](#) - Association of Washington Business, August 15, 2016

[Vera Whole Health Named Top 20 Great Place to Work®](#) - Fortune, July 28, 2015

[Vera Whole Health Website](#)



## PORTLAND, OREGON



Big city excitement and small town charm make Portland, Oregon, known as "the City of Roses", one of the favorite destinations in the West. Portland is situated approximately 70 miles from the Pacific in a magnificent setting between the sparkling waters of the Columbia and Willamette Rivers. Portland's historic old town, galleries and museums, Saturday Market, and theatre companies will keep visitors busy for weeks! Its lush green parks are perfect for a picnic or an afternoon stroll. Also, Portland is just a short distance from Willamette valley wineries, skiing at Timberline Lodge and all of the excitement and beauty of Oregon's spectacular ocean beaches.



Portland's award winning mass transit system is one of the most extensive and advanced in the U.S. The transit system includes buses, streetcars, historic trollies and the MAX, an urban light rail line. There's also a downtown transit mall and Fareless Square, the downtown free-ride zone. It's fun to take a relaxing ride on the MAX train and watch the Portland world slide by.

Portland was built with walking in mind. The short blocks, combined with public art and old fashioned statuary, fountains, bridges and parks offer opportunities for leisure and contemplation for the casual stroller. Walking tours of the downtown area focusing on the best of the city's art, architecture, urban parks and fountains are available. For the more adventuresome walker, Forest Park has over 70 miles of trails.



Nightlife in Portland is excellent and varied. This includes the world class performances of the internationally-known Oregon Symphony. Performing arts in the area offer ballet, Shakespeare, Broadway musicals, modern dance and much more. Oregon Zoo concerts are a summer treat, with music for all kinds of listeners. See art up close at the First Thursday art gallery walks in Westside Portland or in Northeast Portland galleries during Last Thursday walks. Portland has many local pubs and brew houses, where tasting local microbrews is considered a fine way to spend an evening. The Rose City is the home of the Trail Blazers basketball team, and also has hockey and baseball for sports fans.



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### HELPFUL WEBSITES

<http://http://www.el.com/to/portland/> - **Welcome to Portland, Oregon**  
[https://en.wikipedia.org/wiki/Portland,\\_Oregon](https://en.wikipedia.org/wiki/Portland,_Oregon) - **Wikipedia**  
<https://www.travelportland.com/> - **Travel Portland**